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Dorset Health and Wellbeing Board

Minutes of the meeting held at Purbeck District Council Offices, Worgret Road, Wareham on Wednesday, 7 November 2018.

Present:

Jill Haynes (Chairman)

Members Attending

Helen Coombes (Transformation Programme Lead for Adult and Community Forward Together Programme, Dorset County Council), Tim Goodson (Clinical Commissioning Group), Margaret Guy (Healthwatch), David Haines (Locality Executive Teams), Mike Harries (Corporate Director for Environment and the Economy, Dorset County Council), Helen Horsley (Voluntary Sector), Rebecca Kirk (General Manager Public Health and Housing, Purbeck District Council), Sarah Moore (Safe and Wellbeing Team Leader, Dorset and Wiltshire Fire and Rescue Service), Rachel Partridge (Assistant Director of Public Health) and Claire Shiels (Assistant Director for Commissioning and Partnerships).

Officers Attending:

Mark Harris (Head of Mental Health, Dorset Clinical Commissioning Group), Kirsty Hillier (Public Health Communications Manager), Jane Horne (Consultant in Public Health, Public Health Dorset) and Helen Whitby (Senior Democratic Services Officer).

(Notes: (1) These minutes have been prepared by officers as a record of the meeting and of any decisions reached. They are to be considered and confirmed at the next meeting of the Dorset Health and Wellbeing Board to be held on **Wednesday, 13 March 2019**.

(2) Board agendas and reports are available via <https://www.dorsetforyou.com/countycommittees>)

Apologies for Absence

77 Apologies for absence were received from Cllr Rebecca Knox, Ben Ansell, Sam Crowe, Nick Jarman, James Vaughan and Forbes Watson. Sarah Moore, Rachel Partridge and Claire Shiels attended as reserve members.

Code of Conduct

78 There were no declarations by members of disclosable pecuniary interests under the Code of Conduct.

Minutes

79 The minutes of the meeting held on 26 September 2018 were confirmed and signed.

Matter Arising

Minute 75 - Report following Locality Work Thematic Session held on 27 June 2018

With reference to changes to the terms of reference of Locality Groups being left until after the forthcoming election, the Chairman considered it important for all Locality Groups to have consistent generic terms of reference. Members were reminded that they had agreed broad principles for changes to terms of reference at their meeting on 13 September 2017 and again on 26 June 2018 although these changes had not been implemented on the ground. The Chairman would arrange for contact to be made with Locality Chairmen to progress this prior to the election.

Public Participation

80 Public Speaking

There were no public questions or statements received at the meeting in accordance with Standing Orders.

Petitions

There were no petitions received at the meeting in accordance with the County Council's Petition Scheme.

Strategic planning for the future, including implications of the Integrated Care System and Local Government Reorganisation

81 This item had been deferred whilst Local Government Re-organisation be further developed. The report would be considered at the Board's meeting on 13 March 2019.

Mental Health Programme Update

82 The Board considered a report by the Head of Mental Health, Dorset Clinical Commissioning Group, which provided an update on progress of the Mental Health Delivery Programme for Dorset.

Members were provided with a summary of progress being made, and current and future targets as set out in the report.

Whilst members welcomed the establishment of "The Retreat" in Bournemouth, they asked about its effect on mental health assessments, intervention, inequalities and winter planning. They highlighted that the lack of available care packages and community support led to delayed discharges which the Board had a responsibility for under the Better Care Fund. Officers explained that a reduction in attendance at acute hospitals had been seen following the opening of The Retreat and that a full evaluation would be undertaken in due course.

Members noted that The Retreat provided a different and better experience for those in mental health crisis who did not meet the current threshold to receive support. Acute services were under intense pressure so any measure which would help prevent people becoming more unwell would have an impact in the longer term. So it would be some time before any correlation could be shown between pressures on acute services and the establishment of The Retreat.

In response to the comment that the report gave percentage figures but did not refer to outcomes, officers explained that an outcomes framework was currently being worked upon. It was suggested that an update report be provided in Spring 2019.

There was a detailed discussion about the target of ensuring access to Child and Adolescent Mental Health Services (CAMHS) for 32% of the population. Members were concerned that this meant that many children were not able to access mental health services when they needed them as they thought early support might prevent more expensive support being needed in the longer term. There was also a suggestion that consideration should be given to why children were under pressure and resulting in them seeking mental health support.

Members noted that a needs analysis of existing resources and investment had been undertaken. A review was planned for the end of the current year or beginning of the next financial year which would lead to the reconfiguration of services to deliver more for the same funding. It was also noted that the County Council was working with the Dorset Clinical Commissioning Group (DCCG) on alternative support mechanisms, that the County Council was piloting peer specialists and youth health champions, and that Dorset Young Researchers and Dorset Youth Council were undertaking work on young people's mental health and wellbeing.

Particular attention was drawn to the new online support service (Kooth) which was available to all young people and which could provide them with links to other services and options. This had proven popular with young people who did not want support from adult counsellors and wanted a service which was available at weekends and during holidays.

Members questioned whether the Kooth service had been publicised widely enough. The Public Health Communications Manager was asked to obtain details of Kooth usage from the DCCG and share this information with Board Members, County Councillors and members of the Shadow Dorset Council asking them to pass this information on to any interested parties. The DCCG was asked to create a press release on the Kooth service which could be circulated to Board members.

The Assistant Director for Commissioning and Partnerships was asked to provide a report on the work of the Dorset Young Researchers and Dorset Youth Council on young people's mental health and wellbeing.

Resolved

1. That the strategic narrative in the paper that linked to the two reform programmes with the Health and Wellbeing Board's statutory duties to improve population health and wellbeing and reduce inequalities be supported.
2. That the Public Health Communications Manager was asked to obtain details of Kooth usage from the DCCG and distribute this information to Board members, County Councillors and members of the Shadow Dorset Council asking them to pass this information on to any interested parties.
3. That the Dorset Clinical Commissioning Group provide a press release on the Kooth service which could be circulated to all Board members.
4. That the Assistant Director for Commissioning and Partnerships was asked to provide a report on the work of the Dorset Young Researchers and Dorset Youth Council on young people's mental health and wellbeing.

Update on Sustainability and Transformation Plan (STP), with a focus on Prevention at Scale (PAS)

83 The Board considered a report by the Portfolio Director for Prevention at Scale, which provided updates on key highlights from across the Sustainability and Transformation Plan (STP) and progress on Prevention at Scale (PAS) since the last Board meeting on 26 September 2018.

Members were provided with an updated version of the Appendix to the report. The report focused on locality work in Purbeck, although work was progressing in all other areas too. The next report would have a greater focus on work within all localities. Members were then shown a short video on prevention at scale work.

It was reported that 31 schools out of a total of 176 in Dorset had registered to take part in the "Daily Mile" and that since the schools' sports conference more schools were taking part. Members also noted that applications for the Whole School Approach funding had increased to 63 by the closing date.

There was some discussion about Board members' organisations and how they supported the health and wellbeing of their staff. Although it was clear that work was going on within organisations, this had not been discussed in detail at the Health and Wellbeing Board, including any details of impact and outcomes. This could be reflected in the Living Well session to be held at the meeting on 13 March 2019.

Members noted that the refresh of the Sustainability and Transformation Plan would soon be available for discussion.

Resolved

1. That the update on the STP highlights and highlighted progress on prevention at scale be noted;
2. That the ongoing work be supported within the Board and back in Members' respective organisations and communities.

Forward Work Plan

84 The Board considered a report by the Acting Director of Public Health which updated members on the current Forward Plan for Board meetings and events.

The Sustainability and Transformation Plan report for the meeting on 13 March 2019 would focus on prevention at scale in localities and include statistics and figures as to what board members' organisations were doing to support the health and wellbeing of their own staff.

Members discussed the current format of meetings and possible topics for future consideration. Whilst members saw the benefit of the thematic sessions, they would welcome more direct information and experience from those delivering services. These did not provide them with direct information on the wider determinants of health such as housing, parks and schools. Discussions should centre on place and people (the priorities for the new Dorset Council) and prevention of scale work should focus on outcomes. The Board should provide focus on the wider determinants of health and inequalities.

It was suggested that future meetings be held in more informal settings and provide members with the opportunity to see what was happening in communities.

Members were reminded that they had been invited to the Good for Wessex event being held at Testlands Hub, Southampton on 20 November 2018.

Noted

Meeting Duration: 2.00pm to 3.40pm

Informal session on Ageing Well

The formal Board meeting was followed by a thematic session on the Prevention at Scale workstream ageing well. Rachel Partridge, Assistant Director for Public Health Dorset, opened the session and introduced the three stations that highlighted examples of approaches already being deployed locally.

The Board then broke into three sessions which looked at the following:

Collaborative Practice	Sue Bickler, Altogether Better Carol Tilley, Practice Manager, Whitecliff Group Practice	https://www.youtube.com/watch?v=eEWkCq4OLJc
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Healthy Homes	Jon Bird, Dorset County Council Richard Conway, Purbeck District Council	https://www.youtube.com/watch?v=JJmOXnBLTig
Men's Shed Wareham	Caoimhe O'Sullivan, Public Health Dorset Harold Forbes, Men's Shed Wareham	https://www.youtube.com/watch?v=Bq36ay3Aj7g

Please contact Bianca Porter, Prevention at Scale Project Officer, (bianca.porter@dorsetcc.gov.uk) if you would like further information on the session or the topics discussed.

The Chairman highlighted that although there was a lot of activity being undertaken, the public were not necessarily aware of activities in their own areas. She suggested that Locality Groups be used to map prevention at scale activities and feed this into a central database which could be used to signpost people to activities within their area. Locality Groups could provide updates for activities which had either been added or finished.

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